

Restoring Your Terrain, Rediscovering Your Purpose

100% natural and holistic health education and support for adults 18+ with serious health challenges

1 Who

Who we are, and who we serve

Founded by **Lynn Minney**, a certified iridologist and herbal formulator. We work one-on-one with adults 18+ who want a fully natural, whole-person path built on herbs, diet and hydration.

Members often live with kidney and liver concerns, inflammation and arthritis, autoimmune, hormonal and metabolic conditions (including Lyme), digestive troubles, fatigue and brain fog.

3 Where

Remote support, from the comfort of home

We work with every member remotely, from home.

- **With Lynn, directly:** no substitutes, no handoffs
- **One-on-one calls** to adjust your protocol
- **Live group sessions** with other members
- **Messages between calls** when questions come up

You will feel at home here if you want the root cause and are ready to invest in your health.

2 What

Terrain restoration through the Thrive Membership

Like a garden, your body thrives when its soil, your **terrain**, is nourished and clear. The **Thrive Membership** combines iridology, custom herbal protocols from Lynn's own tinctures, and diet guidance, with ongoing check-ins. Every protocol is built for one person, and membership is limited.

1

Intake & Iridology

Health history and iris photos guide your plan.

2

Custom Herbal Protocol

Formulated for your findings, adjusted over time.

3

Diet & Hydration

A gentle transition plan at your own pace.

4

Kidney Filtration

Supporting the body's primary drain.

5

Cellular Restoration

Herbs support the body as it restores.

4 Why

Why terrain, and why we work this way

The body can restore itself when given the right terrain. You get time, attention and a protocol built only for you.

Terrain First

The root, not the symptom.

Truly Personal

No two protocols, ever.

Direct Access

Lynn is part of every session.

Realistic Timelines

Your pace, adjusted as you go.

5 How to get started

Free, with no pressure and no sales pitch.

Book Your Free Call

1. Book your free call

Choose a time on our website.

2. Talk with Lynn

Share your story and see if it's a good fit.

3. Begin restoring

Start with your intake and iridology.



Scan to book
your free call

www.fruitfulpurpose.org